Special Issue of the Psychological Science and Well-being (PSWB) Conference 2022

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Abstract. None.

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I am very excited to present to you the inaugural special issue from Psychological Science and Well-being (PSWB) Conference that was held at James Cook University, Singapore (JCUS), from March 4-5, 2022. This conference was the first international psychological conference at JCUS and was the brainchild of Dr Ai Ni Teoh who worked tirelessly with Dr Peter Chew and Dr Divjyot Kaur to implement what will now become a biennial event.

I want to thank the members of the scientific committee who graciously volunteered their time and energy to review conference abstracts and manuscript submissions for this special issue. The topics covered in the special issue reflect the strange days of the pandemic, which heightened our awareness of mental health and its social determinants, especially the need for social connection. There are four papers examining university student mental health during the pandemic, the importance of social support for clinician well-being, the role of human-animal interactions to counteract depression, and the development of mental health apps for use in young refugees. You will find included the conference proceedings which showcase the breadth and depth of knowledge that people came to share.

I look forward to seeing you next year for the second iteration of this wonderful gathering.

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